

**August 2026**

# Backyard Garden Newsletter



## Welcome!

Welcome to the August 2026 issue of the City of Brampton's Backyard Garden Club e-newsletter!

## August Garden Goals: Plant, Harvest and Plan Ahead!

Due to the current hot and dry weather conditions, it is more important than ever to keep your garden well watered. Whenever possible, use rainwater or let tap water sit for a day or two before watering, as this can help it absorb more effectively into the soil.

Water your plants early in the morning to avoid scorching the leaves and to allow excess moisture to evaporate throughout the day. During periods of extreme heat, your garden may require watering more than once a day, so be sure to monitor your plants closely and watch for signs of drying or stress.

Some of the garlic planted last fall may now be ready for harvest. There's nothing quite like the flavour of fresh, homegrown garlic added to your favourite meals and the satisfaction of knowing you grew it yourself!

Continue harvesting ripe vegetables and fruit regularly as they become ready. Picking crops such as beans, peas, tomatoes, and raspberries frequently will encourage the plants to keep producing throughout the season.

To support healthy growth, continue adding nutrient-rich soil or compost around your plants and throughout your garden during the growing season. This will help retain moisture, improve soil quality, and provide essential nutrients for a productive harvest.



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SCOTT'S MIRACLE-GRO  
CANADA SPOTLIGHT

## How and when to pick your Vegetables!

You've been working hard this growing season, and soon it'll be time to treat yourself ... to fresh, flavourful vegetables picked from your very own garden!

How can you tell precisely when to harvest vegetables? Since your growing zone and the weather both play a role in how fast your veggies ripen, you can't rely on a calendar to tell when they're ready. Use these tips to know when and how to harvest vegetables!



[Click here to learn more](#)

If you have any questions, email us  
bramptongreencity@brampton.ca



## Support those in need in our community

If you are able, please consider donating a portion of your vegetable harvest to our local foodbanks. When dropping off your produce mention you are apart of the City of Brampton's Backyard Garden Program.

### Regeneration Marketplace

253 Queen Street East

Hours of operation: Tuesday to Friday, 9 am to 3:30pm (Closed 11:30 am to 1pm)

### Knights Table

73 Hale Road

Hours of operation: Monday to Friday, 10 am to 6 pm

### Lifting the Fallen Church/Iglesia Pentecostal Levantando Al Caído

171 Advance Boulevard, Unit 14-15

Hours of operation: Friday, 10 am to 4 pm | Saturday, 5 to 8 pm | Sunday, 3 to 7 pm | Monday to Thursday by appointment only, call 905-499-0777

### Heart Lake United Church's Community Cupboard

85 Sandalwood Parkway East

Hours of operation: Wednesday, 6:30 to 7:30 pm by appointment only, call 905.846.4519

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